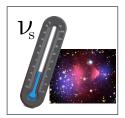
Sterile neutrinos as thermal dark matter



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> based on work in collaboration with Stefan Vogl (arXiv:1706.02707)

> > WIN 2017, Irvine June 20







keV sterile neutrino dark matter

- Dark matter is present its nature is unknown.
- SM neutrinos, ν_a , are too light/hot to be good dark matter candidates.
- ν_a could still have a small mixing with heavier SM singlets sterile neutrinos, ν_s .
- The most interesting mass range is $\sim 3-100 \text{keV}$.
- Production mechanisms:
 - Oscillations with and without a resonance
 - Decay production
 - Thermal production and dilution



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 - Oscillations with and without a resonance + thermalization
 - Decay production
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Production through oscillations

Boltzmann equation

$$\frac{\partial}{\partial t} f_{\nu_s} - H p \frac{\partial}{\partial p} f_{\nu_s} \approx \gamma (f_{\nu_a} - f_{\nu_s}),$$

$$\gamma = \frac{1}{4} \frac{\Gamma_a \Delta^2 \sin^2 2\theta}{\Delta^2 \sin^2 2\theta + \frac{\Gamma_a^2}{4} + [\Delta \cos 2\theta - V_T - V_L]^2}.$$

 Γ_a - collision rate.

 $\Delta^2 pprox rac{m_{
u_s}^2}{2
ho}$ - mass squared difference.

 $V_T \propto
ho_{
m e}^{'}, \ V_L \propto n_{
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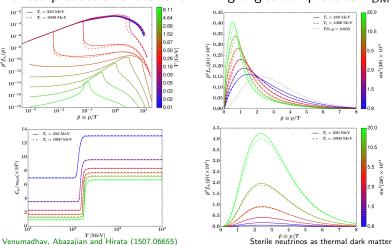
Absence of resonance (DW) in $\Delta\cos2\theta-V_T-V_L$ gives $f_{
u_s}\sim \frac{1}{\Lambda}f_{
u_a}$.

Dodelson and Widrow (hep-ph/9303287)

Deviations due to entropy production during production are non-negligible. Abazajian (astro-ph/0511630), Merle, Schneider and Totzauer (1512.05369)

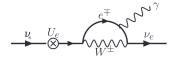
Resonant production Shi, Fuller (astro-ph/9810076)

Lepton asymmetry \gg baryon asymmetry $\Rightarrow V_L \sim \Delta \cos 2\theta$. Enhanced production and smaller mixing angles can produce Ω_{DM} .





X-rays from sterile neutrinos

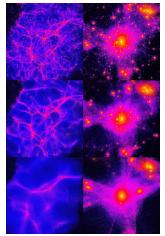


- Monoenergetic line.
- Signal regions: Galactic center, M31 (Andromeda), Galaxy clusters, Dwarf galaxies, diffuse background.

$$\Gamma \propto \sin^2 2\theta m_{\nu_s}^5$$



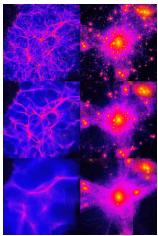
Structure formation and the Lyman- α forest



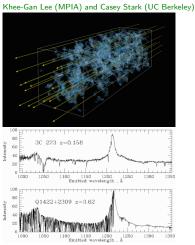
ITP, University of Zurich



Structure formation and the Lyman- α forest

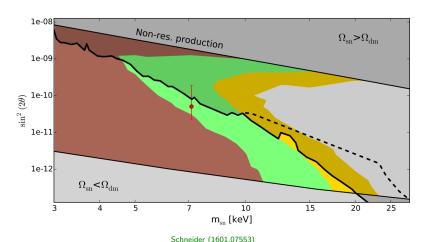


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Constraints on ν_s produced through oscillations





Thermalization

Goal:

- Lower average momentum.
- Enhanced number density.



Thermalization

Goal:

- Lower average momentum.
- Enhanced number density.

Prerequisites:

- Coupling to a new boson φ with $m_{\nu_s} \ll m_{\varphi} \ll T_{\nu_s, \text{production}}$.
- ullet Efficient number changing processes for φ .



Thermalization - General mechanism

- I $T\sim 100 \text{MeV}$: ν_s and $\bar{\nu}_s$ are produced out-of-chemical equilibrium via oscillations.
- II $T \sim 100-10 \text{MeV}$: ν_s and $\bar{\nu}_s$ interact and produce φ . φ reaches chemical equilibrium via a rapid number changing processes.
- III ${f T}\sim {f 10}-{f 1MeV}$: Once a sufficient abundance of φ has been built up, the production of ν_s and $\bar{\nu}_s$ from φ becomes efficient and ν_s and $\bar{\nu}_s$ are also driven towards chemical equilibrium.
- IV ${\bf T}\sim {\bf 1MeV}$: The φ particles becomes non-relativistic and annihilate or decay to $\nu_s\bar{\nu}_s$.



Thermalization of the neutrino spectrum

Thermalization - General mechanism

I $extsf{T} \sim extsf{100MeV}$: In DW $f_{
u_s} pprox rac{1}{\Lambda} f_{
u_s}$, typically $\Lambda \sim 10^4 - 10^6$.



Thermalization of the neutrino spectrum

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I **T** \sim **100MeV**: In DW $f_{\nu_s} \approx \frac{1}{\Lambda} f_{\nu_a}$, typically $\Lambda \sim 10^4 - 10^6$.

II-III $extbf{T} \sim extbf{100} - extbf{1MeV}$: $ho \propto extbf{a}^{-4}$ during equilibration. ($extbf{s} \cdot extbf{a}^3$ grows)

$$ho_{
u_s, ext{initial}}(a_i) a_i^4 =
ho_{s, ext{eq}}(a_{arphi}) a_{arphi}^4 \quad \Rightarrow \quad T_{arphi} = \left(rac{2}{2 + rac{8}{7} g_{arphi}}
ight)^{1/4} \Lambda^{-1/4} T_{\gamma},$$



Thermalization - General mechanism

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II-III $T \sim 100 - 1 \text{MeV}$: $\rho \propto a^{-4}$ during equilibration. ($s \cdot a^3$ grows)

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u_s, ext{initial}}(a_i) a_i^4 =
ho_{s, ext{eq}}(a_{arphi}) a_{arphi}^4 \quad \Rightarrow \quad T_{arphi} = \left(rac{2}{2 + rac{8}{7} g_{arphi}}
ight)^{1/4} \Lambda^{-1/4} T_{\gamma},$$

IV **T** \sim **1MeV**: φ transfers entropy to ν_s :

$$s(a_{\varphi})a_{\varphi}^3 = s(a_f)a_f^3 \qquad \Rightarrow \qquad T_f = \left(1 + \frac{4}{7}g_{\varphi}\right)^{1/12}\Lambda^{-1/4}T_{\gamma}.$$

Final number density:

$$rac{n_{
u_s,f}}{s_{
m SM}} = (1 + rac{4}{7}g_{arphi})^{1/4} \Lambda^{1/4} rac{n_{
u_s,i}}{s_{
m SM}}$$



Thermalization of the neutrino spectrum

Toy model

Scalar boson φ coupled to ν_s :

$$\mathcal{L} = \frac{1}{2} \partial^{\mu} \varphi \partial_{\mu} \varphi - \frac{1}{2} m_{\varphi}^{2} \varphi^{2} - \frac{\lambda}{4} \varphi^{4} + y \bar{\nu}_{s} \nu_{s} \varphi$$

We assume no coupling to Higgs.

e.g. Heikinheimo et al. (1604.02401 and 1704.05359) discuss a Higgs coupling

Decay width:

$$\Gamma_{\varphi} \approx \frac{1}{4\pi} y^2 m_{\varphi} \; ,$$

Number changing interactions:

$$\sigma v_{2
ightarrow 4} pprox rac{27\sqrt{3}}{64\pi^4} rac{\lambda^4\,T^3}{m_{_C}^5} \exp\left(-rac{2m_{arphi}}{T}
ight) \; .$$



Constraints on the coupling

- Assume that the new interaction has no influence on the production through oscillations.
- Two main effects from the new interaction:
 - The potential from a sterile lepton asymmetry

$$V_{s, \, \mathrm{asym}} = rac{y^2}{2 m_{\varphi}^2} \Delta n_{\nu_s}.$$

Inverse decays → increased collision rate

$$\Gamma_{
u_s}pprox rac{m_{arphi}^2\Gamma_{arphi}\,T_{arphi}}{8\pi^2}rac{ extsf{K}_1\left(rac{m_{arphi}}{T_{arphi}}
ight)}{n_{
u_s}},$$

Constraints on the coupling

• $V_{s, \text{asym}}$ is only relevant for resonant production.

Require $V_L > 10 V_{s, \, \mathrm{asym}}$. Strongest at final values.

$$y < 2 \times 10^{-8}, \ y < 1 \times 10^{-7} \ \mathrm{and} \ y < 1 \times 10^{-6},$$

for $m_{\nu_{\epsilon}}=3,7$ and 50keV and $m_{\varphi}=100,100$ and 200keV.



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• The inverse decay rate result in a production of ν_s at the rate $\Gamma_{\rm ID} = \frac{1}{4} \sin^2 2\theta \Gamma_{\nu_e}$ and is maximal at $T \sim m_{\varphi}$.

Require $\Gamma_{\rm DW}(T_{\gamma,{\rm DW}})/H(T_{\gamma,{\rm DW}}) > 10 \Gamma_{\rm ID}(T_{\varphi,{\rm ID}})/H(T_{\gamma,{\rm ID}})$.

$$y < 2 \times 10^{-7}$$
, $y < 4 \times 10^{-7}$ and $y < 3 \times 10^{-6}$,

for $m_{\nu_s}=3,7$ and 50keV and $m_{\varphi}=100,100$ and 200keV.

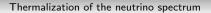


Momentum averaged treatment

Integrated Boltzmann equations:

$$\begin{split} \dot{\rho}_{\varphi} + CH\rho_{\varphi} &= \Gamma_{\rho_{\nu_s}}\rho_{\nu_s} + \Gamma_{\rho\bar{\nu}_s}\rho_{\bar{\nu}_s} - \Gamma_{\rho_{\varphi}}\rho_{\varphi} \;, \\ \dot{\rho}_{\nu_s} + 4H\rho_{\nu_s} &= \Gamma_{\rho_{\varphi}}\rho_{\varphi}/2 - \Gamma_{\rho_{\nu_s}}\rho_{\nu_s} \;, \\ \dot{\rho}_{\bar{\nu}_s} + 4H\rho_{\bar{\nu}_s} &= \Gamma_{\rho_{\varphi}}\rho_{\varphi}/2 - \Gamma_{\rho\bar{\nu}_s}\rho_{\bar{\nu}_s} \;, \\ \dot{n}_{\nu_s} + 3Hn_{\nu_s} &= \Gamma_{n_{\varphi}}n_{\varphi} - \Gamma_{n_{\nu_s}}n_{\nu_s} \;, \\ \dot{n}_{\bar{\nu}_s} + 3Hn_{\bar{\nu}_s} &= \Gamma_{n_{\varphi}}n_{\varphi} - \Gamma_{n_{\bar{\nu}_s}}n_{\bar{\nu}_s} \;, \end{split}$$

$$\begin{split} \Gamma_{n_{\varphi}} &= \frac{3}{2} \Gamma_{\rho_{\varphi}} = \frac{1}{2} \frac{m_{\varphi}}{T_{\varphi}} \Gamma_{\varphi} \;, \qquad \Gamma_{n_{\nu_{s}}} = 3 \Gamma_{\rho_{\nu_{s}}} = \frac{1}{4} \frac{m_{\varphi} T_{\bar{\nu}_{s}}}{T_{\nu_{s}}^{2}} \exp \left[\frac{\mu_{\bar{\nu}_{s}}}{T_{\bar{\nu}_{s}}} \right] \Gamma_{\varphi} \,. \\ C &= \frac{1}{2\pi^{2} \rho_{\varphi}} \int dp (p^{4} E^{-1} + 3p^{2} E) f_{\varphi}(p,t), \end{split}$$

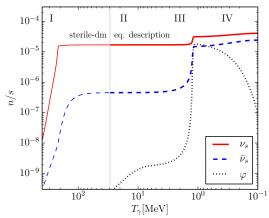




Momentum averaged treatment

Benchmark: $m_{\nu_s} = 7 \text{keV}$, $m_{\varphi}=0.1 \mathrm{MeV}$, $\frac{n_{\bar{\nu}_s}}{n_{\nu_s}} = 3 \times 10^{-2}$ and $y = 7 \times 10^{-9}$.

In general: $y > 6 \times 10^{-9}$ for $m_{\nu_s} \leq 7 \text{keV}$ $y > 2 \times 10^{-8}$ for $m_{\nu_e} \gtrsim 50 \text{keV}$

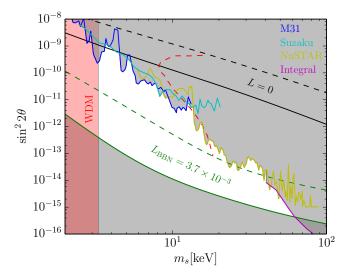


sterile-dm

Venumadhav, Abazajian and Hirata (1507.06655)



Impact on allowed mixing parameters





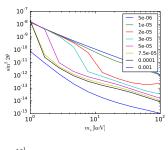
Summary and conclusions

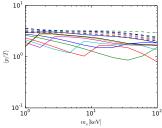
- The thermalization of sterile neutrinos in a dark sector can be achieved in very simple models.
- The process rely on a coupling of the sterile neutrino to other particles in the dark sector and efficient number changing processes in that sector.
- Thermalization results in significantly weaker bounds from structure formation and allow lower values of $\sin^2 2\theta$ to produce sterile neutrino dark matter resonantly.
- The parameter space for production through oscillations is enlarged.

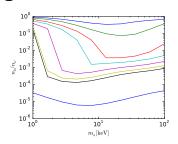
Thanks for your attention!

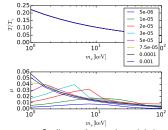


Mixing parameter grid









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